



A Fine Dessert: Four Centuries, Four Families, One Delicious Treat

Emily Jenkins

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A *New York Times* Best Illustrated Book

In this fascinating picture book, four families, in four different cities, over four centuries, make the same delicious dessert: blackberry fool. This richly detailed book ingeniously shows how food, technology, and even families have changed throughout American history.

In 1710, a girl and her mother in Lyme, England, prepare a blackberry fool, picking wild blackberries and beating cream from their cow with a bundle of twigs. The same dessert is prepared by an enslaved girl and her mother in 1810 in Charleston, South Carolina; by a mother and daughter in 1910 in Boston; and finally by a boy and his father in present-day San Diego.

Kids and parents alike will delight in discovering the differences in daily life over the course of four centuries.

Includes a recipe for blackberry fool and notes from the author and illustrator about their research.

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