



How to Develop Self-Esteem in Your Child: 6 Vital Ingredients

Betty Youngs

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"Parents: Read this book now so later you won't have to say, 'I wish I had known about that.'...This book is full of specific and practical ideas to help you and your children feel and do better now."

JANE NELSON, Ed.D.

Author of POSITIVE DISCIPLINE

In this enlightening and empowering guide, Dr. Bettie B. Youngs, and educator, author, counselor, consultant, and lecturer, gives you the tools you need to encourage self-esteem in children from toddlers to teenagers. You will learn how to focus on six crucial areas in your child's life by:

instilling a sense of PHYSICAL SAFETY in your child--both at home and in school; building your child's EMOTIONAL SECURITY--and safeguarding him or her from alcohol and drug abuse; creating a secure, sound IDENTITY--"What Am I?" can be answered with confidence.

And much more.

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