



Understanding Difficult Behaviors:Some practical suggestions for coping with Alzheimer's disease and related illnesses

Anne Robinson, Beth Spencer, Laurie White

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This book was written for caregivers of persons with dementia. Caregivers may include family members as well as staff working in nursing homes, assisted living programs, adult day center programs, home care agencies, hospitals, hospice care and other settings providing care to persons with dementia. This material is intended to help caregivers understand the many possible explanations for why challenging behaviors may occur. Practical coping strategies for responding to challenging situations such as agitation, wandering, incontinence and resistance to care are also offered. These suggestions have been compiled from a number of sources including conversations with families, Alzheimer's Association newsletters, books and journal articles. This book was first published in 1989 and has been a valuable resource for caregivers and dementia educators. Thousands of books have been sold nationally and internationally. The 2007 edition includes updated resource listings and color headings.

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