

Nursing Diagnoses in Psychiatric Nursing: Care Plans and Psychotropic Medications (Townsend, Nursing Diagnoses in Psychiatric Nursing)

Mary C. Townsend DSN PMHCNS-BC



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Here's the 7th Edition of the most complete, easy-to-use resource on how to develop practical, individual care plans! It's really 2 books in 1. The first half provides the diagnostic information needed to create a care plan; the second half covers the safe prescription and administration of psychotropic medications. And, the concepts can be applied to a variety of healthcare settings...from inpatient hospitalization and the outpatient clinic...to home health and private practice. This title features: an introduction to Concept Mapping in Chapter 1; Care Map Care Plans; 7 new Appendices including Comparison of Developmental Theories, Stages of Grief, Psychosocial Therapies and Electroconvulsive Therapy; and, latest NANDA nomenclature. It is organized by DSM-IV and NANDA Diagnoses. Nursing diagnoses and interventions include the definition, possible etiologies ("Related to..."), defining characteristics ("Evidenced by..."), objectives broken down to show long- and short-term goals, interventions with selected rationales, and desired patient outcomes/discharge criteria. Each drug classification lists background assessment data, predisposing factors, symptomatology, and nursing diagnoses and nursing interventions. Unit on psychotropic drug classifications covers anti-anxiety agents, antidepressants, antimanic agents, antipsychotics, antiparkinsonian drugs, sedative hypnotics, and central nervous system stimulants. It also features indications, route, and dosage for individual drugs, not just for classifications.

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