



The First day of the Rest of My Life

Cathy Lamb

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In this deeply moving and wonderfully insightful novel, acclaimed author Cathy Lamb explores what can happen when one woman decides to reclaim her past-and her future-no matter where they lead. . .

Madeline O'Shea tells people what to do with their lives. A renowned life coach, she inspires thousands of women through her thriving practice-exuding enviable confidence along with her stylish suits and sleek hair. But her confidence, just like her fashionable demeanor, is all a front.

For decades, Madeline has lived in fear of her traumatic past becoming public. Now a reporter is reinvestigating the notorious crime that put Madeline's mother behind bars, threatening to destroy her elaborate façade. Only Madeline's sister, Annie, and their frail grandparents know about her childhood--but lately Madeline has reason to wonder if her grandparents also have a history they've been keeping from her.

As the demons of the past swirl around her, a tough, handsome judge with a gentle heart is urging Madeline to have faith in him-and in herself. And as she allows her resistance to thaw, the pain she expects pales in comparison to the surprises headed straight to her door. With one bold, unprecedented move, Madeline O'Shea may just wake up out of the sadness and guilt that have kept her sleepwalking through life for so long-and discover that the worst thing that can happen is sometimes the very thing we desperately need.

The First Day of the Rest of My Life is an eloquent and triumphant tale of a fierce act of love, a family's legacy, and one woman's awakening to her own power-with no secrets. . . .

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Thomas Towne:

Playing with family in a very park, coming to see the coastal world or hanging out with good friends is thing that usually you might have done when you have spare time, then why you don't try point that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love The First day of the Rest of My Life, you may enjoy both. It is good combination right, you still wish to miss it? What kind of hang-out type is it? Oh can occur its mind hangout guys. What? Still don't get it, oh come on its called reading friends.

Daisy Harris:

As a pupil exactly feel bored to reading. If their teacher inquired them to go to the library as well as to make summary for some book, they are complained. Just little students that has reading's internal or real their passion. They just do what the educator want, like asked to go to the library. They go to generally there but nothing reading critically. Any students feel that reading through is not important, boring and can't see colorful pictures on there. Yeah, it is to get complicated. Book is very important for yourself. As we know that on this time, many ways to get whatever we wish. Likewise word says, ways to reach Chinese's country. So , this The First day of the Rest of My Life can make you truly feel more interested to read.

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