



# Chronic Pain: An Integrated Biobehavioral Approach

*Herta Flor PhD, Dennis C. Turk PhD*

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"Chronic Pain: An Integrated Biobehavioral Approach...offers in a single volume the most comprehensive and in-depth view of the field currently available. Drs. Flor and Turk share their collective knowledge and professional insights accumulated over three decades of extraordinary contributions to the field....The first section of the volume provides an up-to-date and highly digestible review of the foundational principles of the multidimensional experience of chronic pain and is followed by two sections on clinical assessment and treatment, concluding with a glimpse at future innovations in pain care. These later sections are simply extraordinary in integrating theory, science, and practical information that will be equally useful to novice and experienced clinicians, investigators, and policy makers."

??— From the Foreword by Robert D. Kerns, PhD

This book integrates current psychological understanding with biomedical knowledge about chronic pain. With an emphasis on psychological factors associated with chronic pain states, this volume includes recommendations for a structured assessment plan. Using detailed treatment protocols and case examples, the authors aim to guide clinicians in developing effective individualized treatments for their chronic pain patients.

The accompanying online ancillary content includes 65 appendices of sample documents and worksheets featuring detailed assessment methods and treatment protocols for use by health care professionals.

Chronic Pain: An Integrated Biobehavioral Approach is essential reading for:

Clinicians who treat chronic pain patients

Clinical psychologists

Students studying medicine, psychology, psychophysiology, and behavioral medicine

Social workers

Nurses

Clinical investigators

All those interested in the treatment of chronic pain

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