



# Professionally Speaking: Public Speaking for Health Professionals (Advances in Psychology and Mental Health)

Frank De Piano, Arnold Melnick

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Your knees are shaking, your throat is dry, and out in front of you in the Lerenbaum Room of the Ramada Inn is the 167th Annual Meeting of the Tucson Dentists Weekend Warrior Organization. You step to the podium, there's a short crackle of microphone feedback, and all eyes are on you. What do you say? Are you prepared enough? Will your audience love you? Hate you? If these are your fears, put them away and open up Professionally Speaking: Public Speaking for Health Professionals. In it, you'll learn how to turn weak knees and wishy-washy introductions into confident gestures and words of wisdom. Packed with examples and proven tips and techniques from the front lines of public convention speaking, this helpful volume has everything you need to transform your next presentation from so-so to successful. Professionally Speaking will help you in both professional speaking and teaching scenarios. You'll find its practical advice and helpful guidelines will enhance your performance at the podium by one hundred percent. Specifically, you'll get page after page of useful direction in these and other important but seldom-talked-about areas:

- how to select, write, and deliver a talk
- use of voice
- speech preparation and the use of slides
- icebreakers
- giving good introductions and avoiding trail-offs
- keeping on the audience's "good side"
- chalk talks
- the proper use of humor



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