



Introduction to Massage Therapy with Real Bodywork DVD (LWW Massage Therapy and Bodywork Educational Series)

Mary B. Braun BA CMT NCTMB, Stephanie J. Simonson BS CMT

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This massage therapy textbook enables readers to translate the fundamental knowledge base for massage into practical applications both in class and in practice. Students will learn functional anatomy and physiology integrated with massage therapy techniques in addition to exploring the fundamentals of history, medical terminology, pharmacology, assessment, documentation, ethics, pathology, self-care, and more.

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Marylou Arroyo:

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