



# 5 Ingredient Cookbook: Quick and Easy 5 Ingredient Recipes

*Louise Davidson*

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**Save Time, Energy and Money with these Amazingly Delicious 5 Ingredients Recipes for Fabulous Family Meals. They take 15 Minutes or Less of Prep. Time = A Homemade Fabulous Family Meal in no Time!**

Making homemade meals after a long strenuous day at work is something that can become overwhelming . Using fewer ingredients is the solution! It not only saves time, money, and energy, but also make sure you are preparing wholesome meals for your loved ones with the use of the freshest and most flavorful ingredients available. When you choose the right ingredients, you will be surprised at how much you can eliminate from your grocery list. With this collection of five ingredient meals, we have focused on just that; the bright, fresh flavors of wholesome healthy foods.

We got you covered for every meals of the day including vegetarian fares, side dishes, and decadent desserts. Inside find:

- Useful tips for cooking with 5 ingredients including shopping for 5 ingredient meals, and kitchen time savers
- Succulent beef recipes like the Jalapeño Beef Pouches
- Mouth-watering chicken recipes like the Asian BBQ Chicken
- Easy pork dishes like the Overstuffed Pork Chops
- Delicious fish and seafood recipes like the Creamy Herb Shrimp Pasta
- Delectable vegetarian and side dish recipes like the Ancient Grain Stuffed Peppers
- Luscious 5 ingredient desserts like the Wildberry Mascarpone Sliders
- Weekend breakfast dishes like the Morning After Eggs in Purgatory

Take note that I don't count salt and pepper, water, and cooking spray as ingredients.

**Now let's get cooking. Scroll back up and grab your copy today!**

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