



# Good Girl: A Memoir

*Sarah Tomlinson*

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## **Good Girl: A Memoir** Sarah Tomlinson

“Forthright, sensitive, and compelling” (Edan Lepucki, *New York Times* bestselling author of *California*), this heartrending memoir from journalist Sarah Tomlinson recounts her unconventional upbringing and coming-of-age as colored by her complicated relationship with her father.

Sarah Tomlinson was born on January 29, 1976, in a farmhouse in Freedom, Maine. After two years of attempted family life in Boston, her father’s gambling addiction and broken promises led her mother to pool her resources with five other families to buy 100 acres of land in Maine and reunite with her college boyfriend. Sarah would spend the majority of her childhood on “The Land” with infrequent, but coveted, visits from her father, who—as a hitchhiking, acid-dropping, wannabe mystic turned taxi driver—was nothing short of a rock star in her eyes.

Propelled out of her bohemian upbringing to seek the big life she equated with her father, Sarah entered college at fifteen, where a school shooting further complicated her quest for a sense of safety. While establishing herself as a journalist and rock critic on both coasts, Sarah’s father continued to swerve in and out of her life, building and re-breaking their relationship, and fracturing Sarah’s confidence and sense of self. In this unforgettable memoir, Sarah conveys the dark comedy in her quest to repair the heart her father broke.

Bittersweet, honest, and ultimately redemptive, *Good Girl* takes an insightful look into what happens when the people we love unconditionally are the people who disappoint us the most, and how time, introspection, and acceptance can help us heal.

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