



# EcoMind: Changing the Way We Think, to Create the World We Want

*Frances Moore Lappe*

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## **EcoMind: Changing the Way We Think, to Create the World We Want** Frances Moore Lappe

In *EcoMind*, Frances Moore Lappé—a giant of the environmental movement—confronts accepted wisdom of environmentalism. Drawing on the latest research from anthropology to neuroscience and her own field experience, she argues that the biggest challenge to human survival isn't our fossil fuel dependency, melting glaciers, or other calamities. Rather, it's our faulty way of thinking about these environmental crises that robs us of power. Lappé dismantles seven common “thought traps”—from limits to growth to the failings of democracy—that belie what we now know about nature, including our own, and offers contrasting “thought leaps” that reveal our hidden power.

Like her *Diet for a Small Planet* classic, *EcoMind* is challenging, controversial and empowering.

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